

# FENG SHUI SANCTUARY

This Bird Rock sanctuary\* was designed by the owner, professional designer and feng shui practitioner Mela Catanzaro-Schlereth of **MCAT Design**. Mela set out to “create a conscious environment that takes advantage of the highs and lows, suggesting elements we love so much in nature.” Perfectly blending family heirlooms, estate sale finds and brand new pieces, the result is an exotic, warm, and peaceful space that “feeds the spirit of the occupants”. Mela shared with us the story behind a few of her favorite pieces and we make suggestions for a few similar looks you can find now.



\*Bird Rock Sanctuary in La Jolla (pictured right) is currently for sale and listed with **Michelle Dykstra, Berkshire Hathaway HomeServices California Properties 858.344.7653**



- 1.** Buddha perched up high, peeking through the palms, blesses the home for prosperity and abundance.  
Large hand carved gilt Buddha Head – Estate sale on Long Island’s North Shore
- 2.** German Black Forest Cuckoo Clock – A sentimental heirloom of her husbands. Mela had it completely refurbished and gifted it to him on their wedding day. It turned out to be the heartbeat of their home.
- 3.** Wall color – Benjamin Moore Classic Collection “Starfish” #110  
Similar Pictured: Farrow and Ball Wallpaper Drag DR 1233  
Scout at Quarters D  
[www.scout-home.com](http://www.scout-home.com)

- 5.** Bamboo armchair – A score from a local Bird Rock garage sale. Only \$2.50!!
- 6.** Asian inspired “Cherry Blossom Chair” – Cisco Brothers  
Similar: Maitland Smith Hand Painted Occasional Chair  
DIVINE INTERIORS  
[www.DivineInteriorsHomeFurnishings.com](http://www.DivineInteriorsHomeFurnishings.com)
- 7.** Textured linen rounded sofa – Cisco Brothers, Harmony Collection  
Similar Pictured: Paul Robert, Yvette sofa  
DIVINE INTERIORS  
[www.DivineInteriorsHomeFurnishings.com](http://www.DivineInteriorsHomeFurnishings.com)
- 8.** Italian hand forged wrought iron dining chairs  
by Sal Catanzaro (Mela’s Father)  
COSMOPOLITAN IRON WORKS NY.
- 9.** Vintage Balinese prayer blanket holder  
CONSIGNMENT CLASSICS, HANCOCK STREET SD